

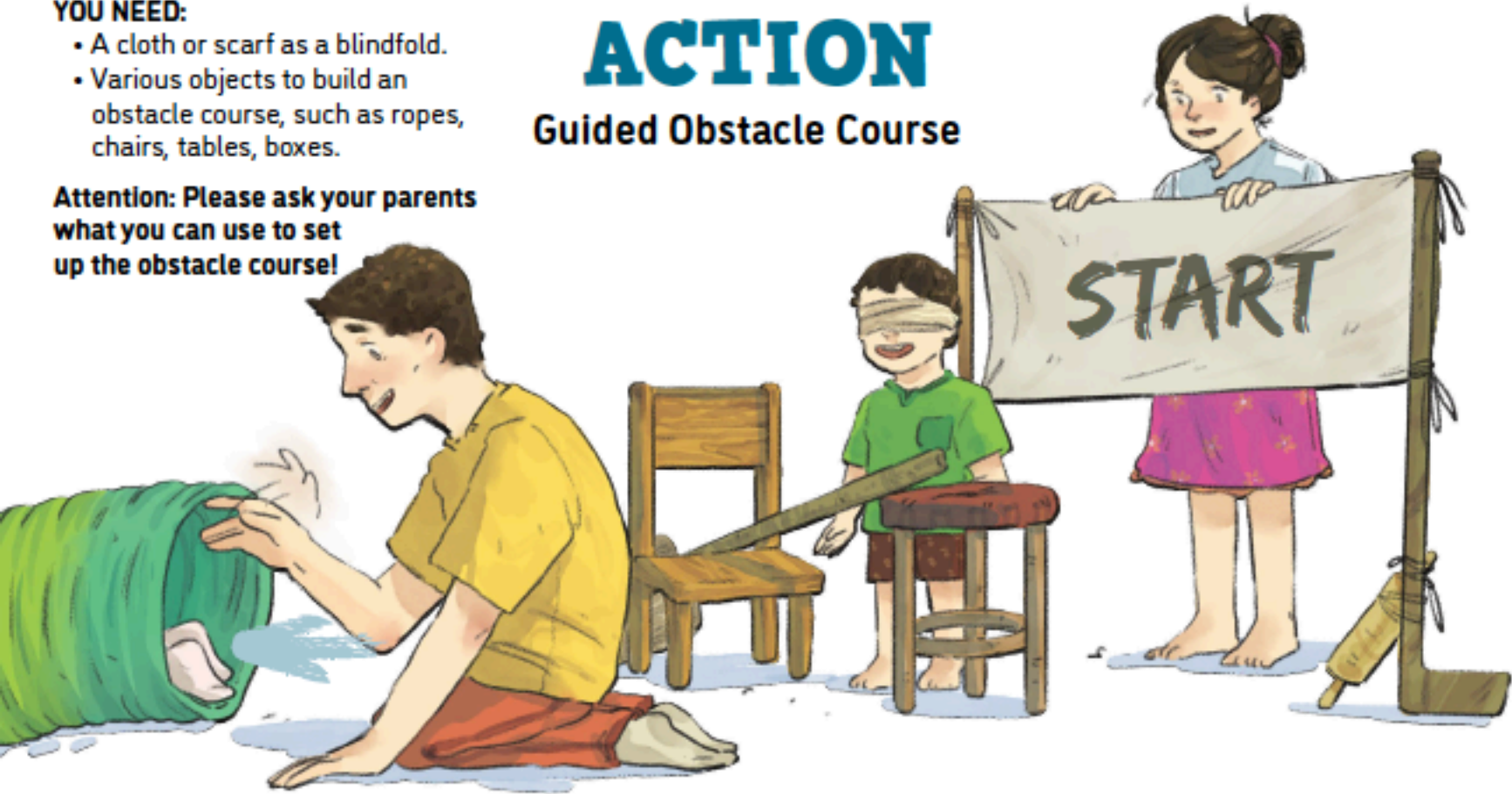
## YOU NEED:

- A cloth or scarf as a blindfold.
- Various objects to build an obstacle course, such as ropes, chairs, tables, boxes.

**Attention: Please ask your parents what you can use to set up the obstacle course!**

# ACTION

## Guided Obstacle Course

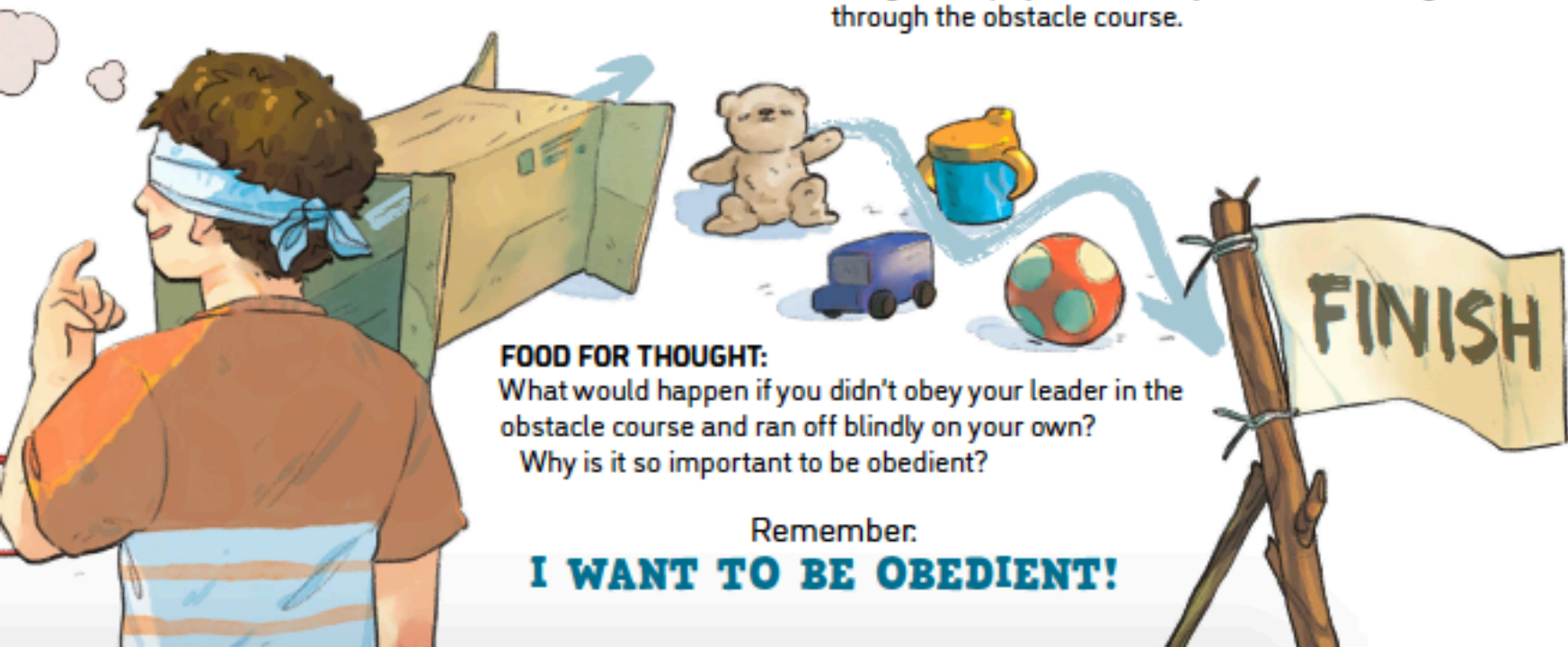


## GETTING READY:

- Together build an exciting obstacle course. Use your imagination. For example, you can place items on the ground that need to be stepped onto or over, or circled around. Or you can balance on a rope, or crawl under chairs or tables that are covered with blankets. In good weather, you can set up the obstacle course outside.

## HERE WE GO:

- The first player is blindfolded. They can choose who will lead them through the obstacle course.
- The leader guides the blindfolded player through the obstacle course by either holding their hand or by just using words. The player needs to obey their leader's instructions to reach the end of the obstacle course safely.
- The game is played until everyone has a turn to go through the obstacle course.



## FOOD FOR THOUGHT:

What would happen if you didn't obey your leader in the obstacle course and ran off blindly on your own?  
Why is it so important to be obedient?

Remember:

**I WANT TO BE OBEDIENT!**